



### WELCOME!

Thank you for your enquiry regarding Summerhill Rest Home. Our goal is to provide each of our residents with the very best facilities and care in beautiful and luxurious surroundings. We aim to promote individuality and independence, and encourage our residents to exercise choice in all aspects of their care.

We hope you find this brochure useful, whilst you make this important decision for yourself or your relative. We invite you to visit Summerhill to meet our dedicated and highly trained staff, view our wonderful home and feel the warm and caring atmosphere. You may visit at any time, but if you call beforehand, we can arrange an appointment with either myself or another senior member of the care team.

If you have any queries, or would like any further information, please do not hesitate to contact me.

Thank you for your interest and I look forward to meeting you, Yours Sincerely,

Beverley Hope Manager

# "It's wonderful to be so well looked after."

(Summerhill Resident in CQC Report Dec 15)



## YOUR HOME

Summerhill is a luxury, modern and tastefully decorated care home registered to provide long and short term accommodation and care for up to 29 residents. We aim to provide first rate facilities and care in beautiful and comfortable surroundings.

#### **BEDROOMS**

All of our bedrooms are single occupancy and boast the following features:

- •Ensuite toilet, hand basin & bath/ shower
- •Bright, spacious and attractively furnished
- Cleaned daily
- Outside views
- Television
- Telephone
- Fitted locks
- •High tech nurse call system

Many bedrooms overlook the beautiful garden and some have direct access to the patio area through French doors. You are welcome to choose your bedroom from those available and you are invited to add your own personal effect. Arrangements can be made to accommodate couples wishing to share a room.





# LOUNGES & DINING ROOM

You can relax in any of our three plush, restful and stylishly arranged sitting rooms or quiet lounge. The display of lovely pictures, ornaments and flower arrangements add to the inviting and homely feel. The French doors offer you a magnificent, panoramic view of the charming landscaped garden. A large flat screen television, DVD player, high quality sound system and daily newspapers provide recreation and entertainment.

Our well appointed dining room is smartly arranged in restaurant style, so you can choose to dine with family or friends, or alone if you prefer.

"The care and attention my mum receives is second to none"

(Resident's daughter)





# LANDSCAPED GARDEN

At the rear of the home is a beautiful landscaped garden on two levels. A large decked area at first floor level overlooks the picturesque

rockery, stream and fountain. In all seasons, the grounds are kept neat and pretty and provide scenic and peaceful surroundings. A large patio with generous seating is particularly well used and appreciated in warm weather by residents and visitors.

All of the communal areas of Summerhill are bright and spacious, spotlessly clean and

# COMMUNAL AREAS

attractively decorated. A permanent maintenance person is employed to keep the home in perfect order. The home is suitably designed for easy wheelchair use. All doors are extra wide, a new large lift provides access to the bedrooms on the first floor and a ramp from the lounge door at the back enables our less mobile residents to benefit from the lovely garden outside.







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Summerhill is owned by Raycare Ltd and is run by Home Manager, Ms Beverly Hope. Bev has over twenty five years' experience in elderly care and holds a Registered Managers Award, NVQ4. She has various qualifications and diplomas, with dementia as her special area of interest.

Our outstanding care team are also dedicated and highly qualified; most have completed NVQ levels 2 or 3. We insist on a high standard of care, so our employees are carefully selected, full induction training is provided and continuing professional development is undertaken by each member of staff. Our two deputy care managers support Bev in her role; most of the team have been at Summerhill for many years and feel like family. Attentive and compassionate carers are available twenty four hours a day. The high staff-resident ratio enables us to provide companionship and stimulation, as well as tending to your physical needs.

MEET OUR TEAM

## YOUR CARE

# PHILOSOPHY OF CARE

At Summerhill, we aim to provide an exceptionally high level of care and to ensure that each resident is treated with utmost respect, their privacy protected and their dignity preserved. Our goal is to support individuality and independence and to encourage you to exercise choice in all aspects of your care. We are a home that makes you feel at home!

### **HEALTH**

The prime objective of our home is to promote and foster health and wellbeing. On your admission an assessment of need is performed by a senior member of the care team, from which a Care Plan is created. You, your relatives and doctors will be offered and encouraged to participate in the drafting of your Care Plan. A review is conducted monthly, unless changes in your condition necessitate more frequent reviews. The District Nurse Team work alongside the GP and can be called on when necessary.

In case of illness, your relatives will be informed immediately and will be updated regularly on your recovery. If family members wish to be present whilst you are ill, we can arrange suitable accommodation for them. If you will be using the home for convalescent purposes, you will be attended by a rehabilitation team to prepare you for discharge home. In addition, you are invited to benefit from:

- **▶**Hydrotherapy
- ▶ Manicures and hairdressing
- ▶Dentist
- **▶**Optician
- **▶**Chiropodist
- ▶ Physiotherapy and Occupational therapy as needed

# "The way Summerhill is run is a credit to Bev and her staff"

(Resident's daughter)

## — YOUR ACTIVITIES



# RECREATIONAL ACTIVITIES

At Summerhill, we offer you a varied and stimulating programme of entertaining activities. This includes excercise classes, aromatherapy, massages, relaxation, arts and crafts, poetry, bingo and flower arranging. Besides the weekly activities plan, there is a library, a DVD player, large flat screen television, high quality sound systemand newspapers delivered daily.

We will encourage you to pursue your own interests and hobbies and staff are delighted to assist whenever necessary. Family members and the community are always invited to volunteer with activities and events. You are welcome to host friends and relatives for meals or tea whenever you wish.





"Your warmth, love and kindness are so appreciated by all the family"

(Resident's daughter)





## EVENTS & TRIPS

Special events at Summerhill are special indeed when celebrated together. Birthdays, Christmas, Easter, Halloween and Bonfire night are all marked with joyful festivities, whilst garden parties, barbeques and theme days are planned regularly to enhance the cheerful atmosphere.

A minister visits Summerhill once a month and you can be taken to other religious services if you wish. Trips are organised outside the home to museums and tourist spots in a 'Summerhill Trippers' van and if you are able to use it, public transport is easily accessible.

Our residents delight in the surrounding area of Alnwick, with its variety of quaint, picturesque shops and cafes all within walking distance.

### YOUR CUISINE

"It's a great comfort to know my sister is so well cared for"

(Resident's sister)

Summerhill is well known for its superb restaurant reputation. Our cook's marvellous culinary skills translate into delectable gourmet meals every day of the week. We offer an extensive, nutritious menu providing variety and choices, according to your preferences.

Meals are served in our elegant restaurant style dining room and are always appetising and well presented. You may dine in your own room if you wish and you can expect your meal to be hot, tasty and beautifully served. Assistance is always on hand at mealtimes should you require it. Visitors are welcome to join us for meals and we are happy to incorporate new suggestions into our menu.

# DINING & CUISINE



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## YOUR SERVICE

### SERVICE

Summerhill is not just a home, but a family too. Everyone is made to feel welcome and cared for, and we value each resident's individuality. There are few rules and timetables because we want our residents to be calm and relaxed.

- •No smoking allowed inside, but an outdoor area is designated for smoking.
- •Every room has a telephone, calls are included.
- •Laundry facility is well equipped and organised.
- •Every room has a locked cabinet and residents can insure their possessions.
- •There is a modern, automatic fire safety system. We will carry out PAT tests on all electrical equipment brought into the home before use.
- •Visitors are welcome at all times. Well behaved pets are allowed in the rooms.

Summerhill produces a Statement of Purpose, which is regularly reviewed and can be read by anyone who's interested. The Care Quality Commission inspects the home regularly to ensure it complies with Care Standards. In its Inspection Report, CQC have confirmed that Summerhill is fully compliant in all areas. The Report is available to all.

"Summerhill provides a very special and personal service to mum"

(Resident's family)



#### www.summerhillcarehome.co.uk

To view our CQC Report, visit www.cqc.org.uk
Residents' and relatives' reviews can be found on www.carehome.co.uk/summerhill



