



Newsletter of Summerhill Care Home

- Edition of Mar 3, 2025 -



Greetings

Welcome to March's news letter, how did we get here? January seemed such a long month, then February has flown by. Isn't it fabulous to see all the snowdrops appear followed by the Daffodils, Spring is definitely in the air. We have had another packed month with our residents enjoying a range of activities and also celebrating Valentines.





KL Pony

We started the month with a firm favourite, our residents absolutely love the Pony's coming to visit- this month we were joined by Glory who enjoyed lots of cuddles. You can physically see the changes to the residents when any animal comes to visit and we are lucky to have a range of different animals visit through out the year.



Some more lovely pictures of our residents with Glory x



Tea, cake and a cuppa

I have introduced a new activity this month, it's very quiet in the afternoons and most residents enjoy a nap after lunch, however there are some that like to sit in the little lounge, so I thought a nice cake, cuppa and a chat would be a good idea. It certainly has gone down well and it's a good excuse to get the posh china out as well so it's a little extra treat. I think there will be plenty more joining us for cake once the word gets out!



Anyone for cake !!
How beautiful are these cakes made for the session by our fabulous chefs x



Arts and Craft

We made some wonderful decorations for Valentine, this a chance for residents show their creative side. It also promotes hand to eye coordination. We love seeing all the art and craft up and around the home, also after an event I put what they have made up in their rooms so the individual can enjoy them and their families get to see what they have made.



Our Valentine's display



Valentine Party

We welcomed another new act for our Valentine Party, a new Elvis. Everyone loved his outfit and he was really interactive with the residents. We all had a fabulous time singing along and moving to the music- Jean was in her element, she absolutely loves Elvis and has even been to Memphis to see his home Graceland!



Jean with Elvis xx



Animal Antics

We welcomed back Animal Antics this month, our residents do love the animals, and this gives them a chance to see many different types from furry ones to reptiles. Luckily we had furry ones today, so we all enjoyed a cuddle



Little Movers

We welcomed back Little Movers this month, we have not seen the little ones since before Christmas and our residents were excited to have them back. This is such an amazing activity and the integration is great for both the little ones and our residents, you can physically see the change in them when the little ones are around.



More from Little Movers



We have also had our monthly visits from the Church, Robert Whitehead and our weekly sessions of Bingo, knit and natter. We have also had a reminiscing day of Child Hood Memories, remembering what we used to play with and the clothes we wore



Mary and Joan enjoying one of our weekly knit and natter sessions x

One to ones

I also spend time with the residents that can't or choose not to attend activities. This could be from a chat, getting one's nails done, doing a quiz to playing Scrabble. It's entirely up to the individual, it's important that they get time spent with them, this reduces the feeling of isolation and also makes them feel valued.



Marion enjoying a game Scrabble, she always wins! However it was a close one this time.

Margaret enjoyed getting her nails done

Ray enjoyed chatting and going through his photo album of time spent in Singapore on National Service



Rat Pack

To end the month we had another new act, John came and sang songs from the wonderful Rat Pack era. It was great to see that we're joined by Rays wife and daughter. Ray does not attend too many activities, however I know he likes the Rat Pack era and booked John for him and his family to enjoy and it certainly went down a storm .



Linda and Helen, looking like their up to mischief enjoying the show x
Mary and Jean, moving along to the music x



We are happy to welcome you...



- Joan Miller

Mothers Day...



We will be joined at 11am by a Quartet in the large lounge playing some wonderful music followed by some flowering arranging in the dining room.

Staying in the dining room for a wonderful three course lunch.

IF YOU WISH TO COME AND JOIN YOUR LOVED ONE ON
MOTHERS DAY, PLEASE LET US KNOW

Upcoming events



Monday 3rd Ellie Carole singing Country @11am in the large lounge

Friday 7th Little Movers @11am in the large lounge

Friday 7th Elvis @2pm in the large lounge

Thursday 13th we will be joined by Denise doing button art in the dining room @11am

Friday 14th Sam the singer @11am in the large lounge

Tuesday 18th Kev the Carehome Singer @ 11am in the large lounge

Wednesday 19th Robert Whitehead @11am in the large lounge

Friday 21st Little Movers @11am in the large lounge

Friday 21st Alan Cutler @2pm in the large lounge for balloon fun and songs

Wednesday 26th Monthly Church Service @11am in the large lounge

All family and friends welcome