



# Summerhill Care Home

## February News Letter

### Welcome

Welcome to February's newsletter. Love is in the air this month as we celebrate Valentine Day with the fabulous Elvis.

We have enjoyed an array of activities again this month, we welcomed back the Pony and as always, a big hit with the residents. We have enjoyed pancakes and our first trip out of the year.

Next month is Mother's Day and we will be doing something special for that, so keep an eye out for details, we will also celebrate St Patricks day with a sing a long joined by The Puppets.



We welcome three new Carers David and Aadi for day shift and Olu on night shift.

### Activities & Events

Some of our ladies have enjoyed a pamper, getting their nails done



I have enjoyed some lovely 1-1's this month with a little treat of scones, cream and jam with Pat and Copper





We welcomed Elvis back for our wonderful Valentine party.....it is safe to say that everyone had a wonderful time – everyone enjoyed some fantastic food from our cook Ruth



**JEAN HAVING A GOOD TIME**



**TOM AND PAUL ENJOYING A DANCE**





**We enjoyed a morning of mindful colouring. This reduces anxiety and stress. It enhances cognitive function; boosts focus and improves hand eye coordination. It also encourages interaction when done in groups so a lovely social activity.**





**Anne full of beans with her Sweets xx**

We have also enjoyed some of our usual activities, such as bingo, sweets from The Summer Hill Sweet Trolley, quiz mornings, watching the Winter Olympics and our monthly Church service



**Derek enjoying his sweets**



**Tom enjoying some popcorn While watching the Winter Olympics**



**We enjoyed a morning of quizzing**

**We welcomed Fran from St Michael's; this was her first visit to us after Annette has stepped back.**

**Everyone enjoyed the service especially the hymns Fran had chosen.**





We had fabulous singers Kev the Carehome Singer and Derek Hodgson entertaining us this month with their great session of music.

Safe to say everyone enjoyed their panckaes on Shrove Tuesday





## **FIRST TRIP OUT**

We had a fabulous trip to The Running Fox for our first trip out of the year. All the boys together, they all enjoyed a cuppa and a slice of cake.



**Sunday 15<sup>th</sup> March – Singer Tont DaSousa in the large lounge for our Mother's Day celebrations @11am**

Tuesday 17<sup>th</sup> March – we will be joined by The Puppets for our St Patricks celebrations in the large lounge @11am

Friday 20<sup>th</sup> March – Elvis will join us in the large lounge @2pm

Wednesday 25<sup>th</sup> March – Join us in the large lounge for our monthly church service with Fran from St Michaels

Thursday 26<sup>th</sup> March – Join us in the large with Robert Whitehead playing his accordion @11am



## Upcoming Key Dates

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Monday 2<sup>nd</sup> March– Singer Sam Naylor in the large lounge @11am

Tuesday 3<sup>rd</sup> March– Singer Alex Hall in the lounge @11am

Wednesday 4<sup>th</sup> March – Singer John Fletcher in the large lounge @11am

Tuesday 10<sup>th</sup> March– Singer Steven Swales in the large lounge @11am

Thursday 12<sup>th</sup> March – we will be joined by Denise for Easter arts and crafts in the dining room @11am

Friday 13<sup>th</sup> and 27<sup>th</sup> - we will be joined by King our therapy Dog, visiting all rooms for cuddles

## Contact details

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If you have any questions in regards activities or any suggestions for future activities, please do not hesitate to contact me Michelle Holder via email at [wellbeing@summerhillcare.com](mailto:wellbeing@summerhillcare.com)